

HOET

Heart of England Training Ltd



# Quorn FC Football Education Academy





# Welcome

Heart of England Training (HOET) is a private training provider established in 1971. We run four Hair & Beauty Colleges across, Birmingham, Coventry, Leicester and Rugby as well as four Football Training Academies across Daventry, Birmingham, Leicester and Warwick.

We offer full-time and part-time courses at our Academies and deliver apprenticeship training nationally across a range of sectors including Businesses, Salons and Schools,

Functional skills and GCSEs, as well as a range of technical certificates, are also included in our wide range of training programmes. We are proud of our comprehensive training programme for a wide range of commercial courses including CAVA (assessors and internal verifier qualifications) and related teaching/training qualifications.



# Our Values

Our mission statement is *to deliver outstanding training and support throughout all our sectors*. As an organisation, we share and embrace a common set of values across everything we do:

- **C**ontinually strive for excellence
- **A**ct with integrity and be respectful at all times
- **R**esponsive and flexible to learner and employer needs
- **E**ncourage and support high aspirations

# British Values

Heart of England Training advocates, promotes and teaches the core British Values because the Government believes that doing so will make people more resilient towards attempts to radicalise them and support them with life in modern Britain.

- **Democracy:** Learners need to show respect for democracy and support participation in democratic processes
- **The rule of law:** Learners should appreciate that living under the rule of law protects individual citizens and is essential for their wellbeing and safety
- **Individual liberty:** Enables learners to develop their self-knowledge, self-esteem and self-confidence
- **Mutual respect and tolerance:** Learners must show mutual respect and tolerance to those with different beliefs



# Our Academy Location



**Quorn FC**, Farley Way, Quorn,  
LE12 8RB



**Cheryl.Edwards@hoet.co.uk**



**0800 028 1576**

# Quorn FC Academy

Our full-time Football education programme is delivered in association with **Quorn FC Academy**. The club was founded in 1924 and with the academy becoming a new move for them for 2022. The club has a focus on "developing the person and the player".

## Why choose Quorn FC Academy?

- Train full-time like a pro with our UEFA B Licensed expert coaches
- Play and train on a 4G pitch
- You will have the opportunity play in the National Alliance League, the highest youth level outside of professional football as well as the FA Youth Cup and in fixtures against Pro Academies.
- Quorn FC uses VEO analysis to track individual and team performances enabling you to look back on all the highlights from training sessions and matches.
- Opportunities to train at top-class facilities such as St George's Park.



*What I love the most about the course, the academy and the staff is the environment. Everyone that is coming in that building is trying to teach you how to become a better version of yourself and there are all the facilities to do that"*

# BTEC Level 3 National Extended Diploma in Sports Coaching & Development

This qualification is intended for learners wanting to progress directly to self-employment in the coaching and development sector as a coach and is the equivalent to 3 A-Levels with a route to university. The breadth of optional content in this qualification allows learners to widen their opportunities to progress to a number of different higher education courses.

The 2-year course with Heart of England Training will be delivered alongside a fully immersive football programme, in which coaching, training sessions and matches blend and interweave with the individual elements of the NVQ qualification.

Our full time education programmes include a minimum of 6 hours UEFA or FA coaching at top class facilities focusing on team development, strength & conditioning and recovery sessions and two matches per week, as well as support with Maths and English if required. Fixtures will include games against professional clubs as well as matches in the National League Youth Alliance, FA Youth Cup. There will also be opportunities to train at the England National teams St. George's Park.

## Course content for Sports Coaching & Development

### This course includes 7 mandatory units:

- Career in the sport and active leisure industry
- Health, wellbeing and sport
- Developing coaching skills
- Applied coaching skills
- Research project in sport
- Sport development
- Self-employment in sport and physical activity

### 5 Additional Units:

- Anatomy and physiology in sport
- Fitness testing
- Rules, regulations and officiating in sport
- Technical and tactical skills in sport
- Practical sports application

### Entry Requirements

You will be required to hold grade 4/C or above in English and Maths at GCSE. Applicants with relevant Level 2 qualifications will be considered at the discretion of the Academy. You must be able to communicate effectively in both written and spoken English.

### On-Programme Training

You will compile an online portfolio, in which you will complete assignments/theory work and monitor progress as you complete each of the units in the qualification. Your education will comprise a blend of technical, tactical and theory sessions, work experience, workshops and guest speakers. .

### Progression & Pathways

Completion of this BTEC qualification could lead to a paid apprenticeship or full-time employment within coaching or sports development. An alternative route would be to progress to a university degree. Another route following this qualification would be to sign-on with semi-professional and professional football clubs.

Available at all 4 sites

# VTCT in Sports Studies

NVQ Level 2 Certificate in Sports Studies

This qualification is designed as an introduction to working in the sport and active leisure sector and/or to prepare learners for further study. The course is designed to provide a broad understanding of the areas of exercise, fitness and sports development.

The 12-month course with Heart of England Training will be delivered alongside a fully immersive football programme, in which coaching, training sessions and matches blend and interweave with the individual elements of the NVQ qualification.

Our full time education programmes include a minimum of 6 hours UEFA or FA coaching at top class facilities focusing on team development, strength & conditioning and recovery sessions and two matches per week, as well as support with Maths and English if required. Fixtures will include games against professional clubs as well as matches in the National League Youth Alliance, FA Youth Cup. There will also be opportunities to train at the England National teams St. George's Park.

## ***Course content for Sports Study***

- Anatomy and physiology for sport
- Psychology for sport performance
- Planning and leading sport activities
- Planning and running a sport event
- Nutrition for sports performance
- Injuries in sport
- Business skills in sport
- Technical and tactical awareness for sport

### ***Entry Requirements***

You do not need to have any previous qualifications in the field of sport or coaching to join this course. Learners are required to hold a minimum of 6 points at GCSE. Applicants with lower entry requirements will be considered at the discretion of the Academy

### ***On-Programme Training***

You will compile an online portfolio, in which you will complete assignments/theory work and monitor progress as you complete each of the units in the qualification. Your education will include a blend of technical, tactical and theory sessions, work experience, workshops and guest speakers.

### ***Progression & Pathways***

This course provides an excellent platform for progression onto a BTEC programme, for example our BTEC Level 3 Extended Diploma in Sports Coaching and Development and from there onto relevant Higher Education Courses.

**Available at all 4 sites**

# Active IQ Level 3 NVQ Diploma in Coaching Sport

This Level 3 diploma in Coaching Sports provides learners with the broad base of knowledge and skills required to work in a variety of customer-facing roles within the active leisure

This course provides an excellent platform for progression from the BTEC level 3. Supporting learners in gaining knowledge of working within the sport and leisure sector.

As this qualification will allow students to work with schools to plan and development coaching sessions to students from 3-18, there are progress route towards:

- Teaching Assistant
- Sports development officer
- Sports Coach; volunteer or leader

The 12-month course with Heart of England Training will be delivered alongside a fully immersive football programme, in which coaching, training session and matches blend and interweave with the individual elements of the NVQ qualification.

## *Course content for Supporting the Delivery of PE & School Sport*

This course includes 9 mandatory units varying from planning and coaching multisport activity sessions, working with children and young people in a coaching environment, principles of anatomy, physiology and fitness to delivering exceptional customer care.

### **Entry Requirements**

You will be required to hold a grade 4/C or above in English and Maths at GCSE. Applicants with relevant level 2 qualifications will be considered at the discretion of the Academy. You must be able to communicate effectively in both written and spoken English.

### **On-Programme Training**

You will compile an online portfolio, in which you will complete assignments/theory work and monitor progress as you complete each of the units in the qualification. One of the assessment methods is an 'open book' multiple choice examination. Your education will comprise a blend of technical, tactical and theory sessions, work experience, workshops and guest speakers.

### **Progression & Pathways**

This course provides an excellent platform for progress from the BTEC level 3. Supporting learners in gaining knowledge of working within the sport and leisure sector. As this qualification will allow students to work with schools to plan and development coaching sessions to students from 3-18, there are progress route towards:

- Teaching Assistant
- Sports development officer
- Sports Coach; volunteer or leader

**Not available at Romulus**

# Information for Parents & Carers

## *Information, Advice & Guidance*

The staff at Heart of England Training are not just here to train you but to advise and guide you throughout your programme as well as supporting you to progress. The company holds the Matrix standard; this is a unique standard that allows organisations to assess and measure their advice and support services which ultimately supports individuals in their choice of career, learning, work and life goals.



## *Feedback & Support*

For learners on our full-time courses at our Academies, we hold termly Parent & Carer Consultations, giving you the opportunity to discuss progress and achievement with the education staff. Using **OneFile**, we are able to provide live progress reports and updates.

We have designated staff to support with additional learner requirements, ranging from extra Maths and English tuition to social and behavioural support.

## *Financial Support*

Travel bursaries are awarded on an individual basis and are based on household income. A train or bus pass will be purchased and issued on a monthly or termly basis.

There are also food and kit bursaries available on an individual basis.

To find out more information regarding financial support contact **info@hoet.co.uk**.

## *Maths and English*

For anyone who has not received the minimum requirement for Maths and English we will support you in achieving this with the opportunity to take exams in November and June if needed. GCSE workshops will be delivered by our team of specialist tutors who will provide on going support throughout your course. If you are a little further away from GCSEs, you will be able to continue to work towards Functional Skills in Maths & English.

# Safeguarding & Wellbeing

Heart of England Training places the highest importance on safeguarding, and the safety and wellbeing of its learners, apprentices and staff.

## **What is Safeguarding?**

'**Safeguarding** looks at keeping children, young people and vulnerable adults safe from a wide range of potential harm and delivers preventative action, not just reaction'

## **What is Prevent?**

'**Prevent** is part of the UK's counter terrorism strategy, preventing people from becoming involved in terrorism'

If you have any concerns regarding your own safety or the safety of others you can speak directly to any member of our staff or to our senior Designated Safeguarding Leads (DSLs) – Jan Gibson or Matthew Barry on 0800 0281576 or email [safeguarding@hoet.co.uk](mailto:safeguarding@hoet.co.uk)

*Heart of England Training is committed to the safeguarding of learners ensuring that you are kept free from harm and not exposed to any extremist ideologies. We expect our learners to commit to our policies to help and ensure a safe and happy learning experience.*

## **Health and Wellbeing**

We offer access to counselling for learners and our advisory teams can support you with access to therapies for stress, depression and anxiety.

We offer regular workshops during your study time with us in the following subjects:

- Contraception and sexual health advice
- Smoking, drugs and alcohol guidance
- Healthy relationships
- Healthy eating
- Mindfulness

## **Support**

Our website has a wide range of resources and contacts to help you at a local level. To find out more scan the QR code below.



# Your Next Steps

## *Applying for a full-time course*

Our Recruitment & Guidance teams will support you in choosing the most suitable course pathway and in undertaking any initial assessments that may be required. You will usually be invited to attend a taster or trial day prior to commencing the course.

Before applying for a full-time course, you may wish to attend a Taster Event or visit the Academy to meet the staff, see current learners in action and experience the facilities. All details of Taster Events are on our website, or you can email [football@education@hoet.co.uk](mailto:football@education@hoet.co.uk) to book an appointment.

## *Progression options*

After completing a full-time course, you can progress to the next step onto a BTEC programme, for example our BTEC Level 3 Extended Diploma in Sports Coaching & Development.

Upon completion of the BTEC course you may wish to move over to an apprenticeship and further your training whilst employed. Our Recruitment & Guidance teams will support you with work experience and exploring all of your progression options.

Our football education programmes prepare you for a career in Sports Coaching however other popular routes after completion of these courses include high education, teaching, training and semi-professional contracts.

Scholarships in the USA college system are becoming a more popular exit route for learners wanting to progress to a higher education whilst continuing to play competitive football. We work with Soccer Assist who are an award-winning scholarship agency that helps talented student-athletes secure scholarships in the USA.

Soccer Assist help hundreds of students every year go to college in America by securing them a discount on their fees. In return these students will represent their college soccer team where they get to travel up and down the country playing competitively whilst studying towards a Bachelors degree in their field of study. You can find out more information on soccer assist here – [www.soccer-assist.co.uk](http://www.soccer-assist.co.uk)



**SOCCER ASSIST**



## Get in touch

Speak today with our Academy Manager and begin taking the next steps in your learning journey with **Heart of England Training**.

**Call:** 0800 028 1576

**Visit:** [www.hoet.co.uk](http://www.hoet.co.uk)

**Email:** [Cheryl.Edwards@hoet.co.uk](mailto:Cheryl.Edwards@hoet.co.uk)

To view full details on our  
**Football Education** courses, or if you  
want to join one of our programmes,  
scan the QR code below to  
**view our website.**



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